



Create a Career YOU Design

**Family Physician,
National Speaker
Dr. Maiysha**



THE STRESS FREE MOM MD
Reclaim Your Time, Freedom
Create A Life **YOU** Design

Dr. Maiysha

Dr. Maiysha Clairborne is an integrative family physician, and the founder of Create Your Blueprint health blog. With over a 14 years of clinical & coaching experience, Dr. Maiysha is passionate about changing the lives her physician colleagues, and being a voice and an advocate for the thousands of burned out and unfulfilled physicians who see her on TV, hear her voice on the radio, and see her stories in national publications.



As CEO of Stress Free Mom MD generously shares her expertise on career transition because she is committed to the satisfaction, happiness and fulfillment of physician. Her own struggle with burnout is what inspired her to create the 4 success pillars that has helped thousands of physicians turn their careers and their lives around. These pillars include:

- 1) Teaching tools to recover from and prevent burnout
- 2) Helping them Discover balance in an unbalanced profession,
- 3) Showing them how to Create a career they love, and
- 4) Giving them the tools to Live a Life by their design.

Dr. Clairborne also has a passion for delivering trainings, workshops, keynotes, and retreats. She has delivered her trainings in arenas such as the International Conference on Physician Health, CPR in Progress: Physician Women's Wellness Conference, and the internationally held WELLMED Physician Conference. A powerful and valuable coaching asset, Dr. Clairborne has been recruited to be a resource to such companies as The Happy MD, Vital Work Life, & Healthy Healer Program through Carolinas Medical Society.



AS SEEN ON:

BLACK VOICES

ATLANTA
THE CW 69

Sacramento
& Co.
Weekdays 9-10AM
sacandco.net NEWS 10

focusatlanta

NBC
40

doximity

CBS 46
WGCL-TV ATLANTA .com

aib
aibtv.com

mommd

connecting women
in medicine



medpagetoday's
KevinMD.com
Social media's leading physician voice

DERMASCOPE

HEALTH
update
with Felicia Stone





Speaking Topics: Broken down by Venue/Platform

Physician Conferences & Associations

- 6 Step Pathway to Successful Physician Entrepreneurship
- Thriving in Integrative Medicine: A 5 Step Success Model
- Next Level Leadership: 5 Foundations of Successful Physician leadership

Corporations

- Burnout to Balance: Finding Balance in the C-Suite
- 5 Keys to Leading With Intelligence
- Next Level Leadership – 5 Foundations for Building Teams that Increase Your Bottom Line

Colleges

- The Entrepreneur Mindset – 5 Keys to Success Beyond College
- 5 Steps to Creating the Ideal Career after College
- Sell Yourself - Crush Your Interviews w/These 5 Simple Secrets

Lawyers: Law Firms, Associations, and Meetings

- Burnout to Balance: 5 Steps to Finding Balance in an Unbalanced Profession
- Transformational Leadership: 5 Keys to Leading With Intelligence
- Next Level Leadership – 5 Foundations for Building Teams that Increase Your Bottom Line

TESTIMONIALS

“Excellent presentation, Excellent introspection! Really enjoyed the presentation and audience interaction”

~**Gwinnett Medical Center**

The information delivered was valuable, and her style is engaging and interactive. Her passion for the subject is evident and style relatable.”

~**Northside Hospital**

Dr. Clairborne is a phenomenal presenter!”

~**Metro Atlanta Association of Black Psychologists**

I highly recommend others hire Dr. Clairborne to speak for their organizations/associations.

~**Dr. Katherine Igah-Phillip – Owner, Mind Body Wellness Center**

In just one hour’s time you helped propel me into making BIG changes.”

Dr. Tracy McAlvanah



PARTIAL CLIENT LIST

North County Hospital

St. Joseph's Hospital

Northside Hospital

Piedmont Hospital

Gwinnett Medical Family Medicine Department

Houston Medical Center Family Medicine Department

Atlanta Medical Association

Atlanta Medical Center

Emory University Internal Medicine Department

Morehouse School of Medicine

Georgia Academy of Family Physicians

Metro Atlanta Association of Black Psychologists



BOOKING DR. MAIYSHA

Complete the Booking Form Now

